Kognito trainings teach faculty, staff, and students to recognize mental distress, with the goal of connecting students to support services.

**At-Risk for Faculty and Staff**
This course is designed to prepare faculty and staff to: 1) recognize when a student is exhibiting signs of psychological distress, and 2) manage a conversation with the student with the goal of connecting them with the appropriate campus support service.

**Veterans on Campus**
This training is designed to present faculty and staff with typical challenges faced by student veterans so they are better able to assist and potentially refer students to appropriate support services.

**LGBTQ on Campus for Faculty and Staff**
(temporarily unavailable due to accessibility maintenance)
This course is designed to prepare learners to effectively manage potentially prejudiced classroom discussions, conduct a supportive conversation with a student who identifies as LGBTQ, and to identify when a student may be distressed and refer them to support.

**At-Risk for Students**
This training is designed to prepare student leaders to: (1) recognize when a fellow student is exhibiting signs of psychological distress, and (2) manage a conversation with the goal of connecting them with the appropriate campus support service.

**Veterans on Campus: Peer to Peer**
In this training student veterans learn to recognize when fellow student veterans are in distress, approach them, and refer to supportive resources. Veterans on Campus: Peer to Peer was developed with input from leading experts and student veterans.

**LGBTQ on Campus for Students**
(temporarily unavailable due to accessibility maintenance)
This training aims to increase students' confidence and skill to address discriminatory language, respond supportively when a peer comes out, and connect fellow students with appropriate resources.

VISIT [ccc.kognito.com](https://ccc.kognito.com) TO SIGN UP AND START YOUR FIRST COURSE