

California Community Colleges Student Mental Health Program

The LGBTQ Academy at the Out Alliance SafeZone Train-The-Trainer Certification Program

Friday, February 22, 2019

Check-in at 8:30 am; Training from 9:00 am – 5:00 pm

**East Los Angeles College, 1301 Avenida Cesar Chavez
Building F5, Room 209, Monterey Park, CA 91754**

The California Community Colleges Student Mental Health Program, in partnership with **East LA College**, is offering the *The LGBTQ Academy at the Out Alliance SafeZone Train-The-Trainer Certification Program*.

This **NO-COST** program was created to develop confident, knowledgeable and effective SafeZone trainers, who can work towards developing and maintaining environments that are culturally competent and supportive to LGBTQ students, faculty and staff, as well as straight/cisgender allies on their college campuses. This is an interactive 8-hour course, which includes activities, small group discussions, and opportunities for practicing skills as educators. Participants who complete the course will have an increase in knowledge of homophobia, transphobia and heterosexism and the affects that they have on an individual's mental health, information and tips on how to educate others to create SafeZones and guidance on offering support and where to go for additional help and resources.

During this course, participants will be coached in running SafeZone trainings and offered opportunities to ask and answer questions in a supportive environment using the teaching skills that they acquire. Each participant will receive a SafeZone training manual that will provide a complete course guide for running SafeZone trainings, a review of material from the course, additional reading to extend knowledge, handouts to use in future SafeZone trainings and a certificate of course completion. On-going support will be available for 3 years to all participants through the Out Alliance following the presentation, to offer assistance and suggestions for keeping programs fresh and up-to-date.

TRAINING DETAILS

- Time:** 8:30 am check-in; training begins promptly at 9:00 and will end by 5:00 pm
Location: East Los Angeles College, 1301 Avenida Cesar Chavez, Building F5, Room 209, Monterey Park, CA 91754
Parking Info: Participants will not be charged for parking.
Cost: **NO CHARGE**
Questions? Contact Kari DeCelle, CCC SMHP Project Mgr., at kdecelle@cars-rp.org

To **REGISTER** for this important training, visit:

<https://tinyurl.com/ELACsafezone>

FOR MORE INFORMATION

www.cccstudentmentalhealth.org

Toll-free: (855) 304-1647

